

## TOAST

BUTTERED TOAST Combination of heels and smaller slices, with butter. + Peanut Butter \$.50 + Jam \$.50 + Coconut Cashew Butter \$1	2.5
<b>NUT BUTTER v</b> coconut cashew butter, banana, honey on Sprouted Whole Wheat	7.5
PETITE BREAKFAST butter, Marin French Cheese Co. "Petite Breakfast", Napa wildflower honey on Toasted Pecan and Golden Raisin	7
AVOCADO v avocado topped with italian salsa verde on Sprouted Quinoa. + Burrata \$2	7.5
<b>GRANOLA</b> granola, cinnamon, creme fraiche, and honey on Sprouted Whole Wheat	7.5

## FOCACCIA

PLAIN SQUARE	4
DAILY SQUARE	6
PLAIN FULL SHEET available by preorder	22

## COFFEE

Coffee	3.5
Vanilla Burnt Sugar Iced Latte	5.5
Iced Latte	5
Iced Tahini Oat Mocha	6.5
Cold Brew	4
add Oat Milk	+1

# GRAB N' GO SANDWICHES & SALADS

*All sandwiches are made daily and come on house made focaccia, no substitutions. Subject to availabilty.	
SPICY ITALIAN soppressata, ham, spicy calabrian chile aioli, Golden State Pickle Works italian giardiniera, white cheddar.	15
TURKEY herb mayo, provolone, and arugula	13
PORTOBELLO red pepper relish, pesto, burrata, and arugula	12
THAI PEANUT SALAD V red cabbage, quinoa, cucumber, carrot, fresno peppers, peanuts, cilantro with a peanut dressing.	11
BUTTERNUT SQUASH SALAD mixed greens, red cabbage, butternut squash, spicy pepitas, feta, with a charred onion and avocado dressing.	12
<b>FARRO V</b> roasted butternut squash and red onion, kale, pickled golden raisins, walnuts	7
HERB CHICKEN herb chicken, arugula, radicchio, parmesan, garlic croutons, with a creamy olive dressing	13
SOUP 32 OZ vegan options available	16
CHEESE BOX four assorted cheeses, almonds, grapes, olive tapenade, honey, choice of baguette or epi	32
BREAD SPREADS & DIPS	

Pesto Olive Tapenade	9
Red Pepper Relish	7
Marinated Olives & Feta Daphne's European Butter	6 5

### **DRINKS**

Lychee Iced Tea	3.5
Hot Tea	3.5
Ginger Basil Lemonade	4
Triad Bevs	8
Topo Chico	2.75
Kids Juice Box	1.75
Poppi Soda	3



# ORGANIC BREADS

WEST WON SOUR wheat flour, rye flour, water, salt	8
SPROUTED WHOLE WHEAT whole wheat flour, sprouted whole wheat berries, water, salt	9
SPROUTED RYE AND SESAME wheat flour, rye flour, sprouted rye berries, water, salt, coated with sesame seeds	10
GERMAN RYE whole rye flour, wheat flour, water, salt	8
HONEY SPELT whole spelt, wheat, honey, water, salt	8
SPROUTED QUINOA wheat flour, rye flour, sprouted quinoa, water, salt, yeast	9
DURUM AND SESAME durum flour, water, salt, coated in sesame seeds	9
SPROUTED AND SEEDED MULTIGRAIN whole wheat flour, sprouted wheat berries, cracked wheat, cracked rye, flax, sesame seeds, sunflower seeds, water, salt	10
TOASTED PECAN AND GOLDEN RAISIN wheat flour, rye flour, toasted pecans, golden raisins, water, salt	10
<b>BAGUETTE</b> wheat flour, rye flour, water, salt, yeast	5
<b>OLIVE FOUGASSE</b> wheat flour, rye flour, kalamata olives, water, salt, yeast	8
<b>BRIOCHE</b> wheat flour, rye flour, milk, eggs, butter, yeast, salt	12

## **FOCACCIA**

PLAIN SQUARE wheat flour, rye flour, water, salt, yeas oilve oil	<b>4</b> t,
PIZZA SQUARE focaccia with toppings	5
SEASONAL SQUARE changes daily	6
PLAIN FULL SHEET available by preorder	22
PASTRY	
CHOCOLATE PECAN SCONE	5
APPLE PIE SCONE	5
HAM & CHEDDAR SCONE	5
PUMPKIN SNICKERDOODLE	2
GRANOLA CHOCOLATE COOKIE	2
FLAMICHE AU GRUYERE SLICE	5
FLAMICHE PANCETTA & LEEK	5.75
FLAMICHE 9 " WHOLE available by preorder Classic / Meat & Vegetable	38/45

CIABATTA

wheat flour, rye flour, water, salt, yeast

2.5/

3 FOR 7